



## HERBAL MEDICINES IN PREGNANCY AND LACTATION

### an evidence-based approach

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Just as with prescription drugs, natural health products can present substantial risks and prompt the same areas of concern. Although some of these effects may be life-threatening, current literature on these important issues is scant. With the use of natural health products on the rise, physicians require quality evidence with which to make evidence-based decisions and provide answers to their patients. *Herbal Medicines in Pregnancy and Lactation* focuses entirely on the therapeutics, safety and risk information of herbs and supplements used during pregnancy and lactation for obstetricians, maternal-fetal medicine specialists, and primary care physicians.

Organized like standard works on the safety profiles of drugs, this important text

- includes section categories such as benefit profile and traditional uses, pharmacology and toxicology, interactions, and adverse events
- was researched using a systematic review method, enabling the busy physician to view quickly and easily the grade of evidence supporting the information provided
- covers area of patient concern where few information resources exist
- stresses evidence-based research, particularly important in this field

**Contents Include:** Introduction—Why is This Book Needed, and How to Use It? • Plant Constituents—What Are the Terms That May Be Found in the Book? • Definitions in Pregnancy and Lactation • Evidence Grades • Botanical Medicines • Vitamins • Supplements

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